



*Thank you for supporting your neighbors in need.
Especially now, your in-kind donations are greatly appreciated.*

THE FREE CLINIC IS CURRENTLY IN NEED OF ALLERGY MEDICATIONS
(unopened, non-expired, over-the-counter)

**Benadryl, Flonase, Sinus Rinse, Mucinex
Allegra, Claritin, Zyrtec, etc.**

ALSO Tylenol (acetaminophen) (100 or 200 ct)
generics or store-brands are fine

**AND Digital Thermometers—non-contact, forehead type,
Finger Pulse Oximeters,
OMRON upper arm blood pressure monitors, 3 series**

DROP OFF DONATIONS FOR THE FREE CLINIC
at the front desk or in the white wooden bin
at far end of the building just outside Food Pantry.

You may also purchase items through your favorite online retailer!
SHIP TO: GoochlandCares, 2999 River Road West, Goochland, VA 23063

Amazon Wish List at: www.bit.ly/wishlistgoochlandcares

THANK YOU!

GoochlandCares.org

804-556-6260